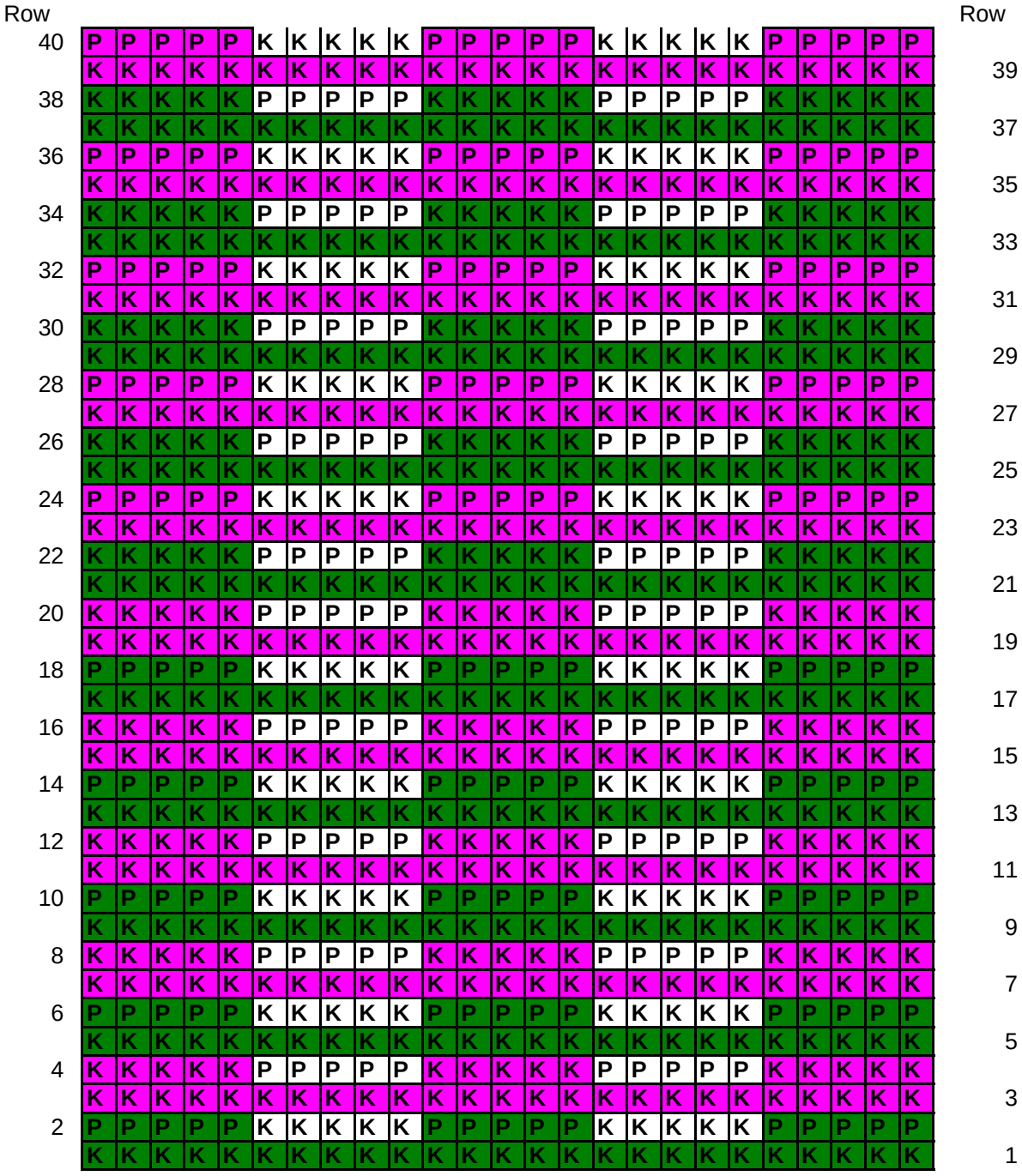
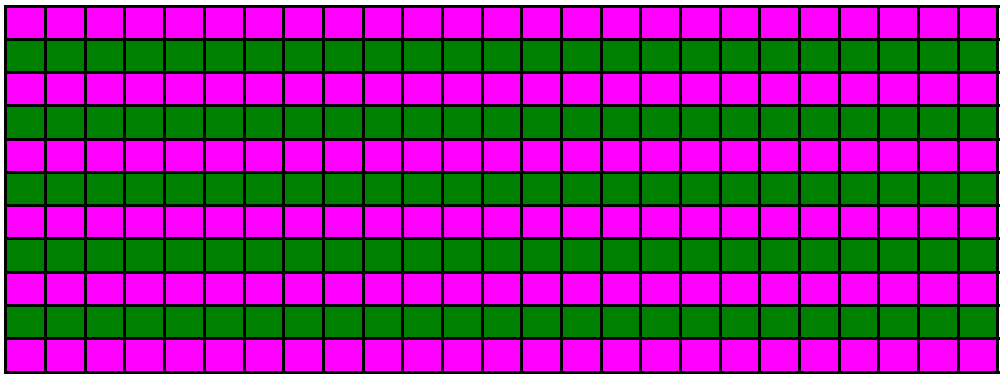


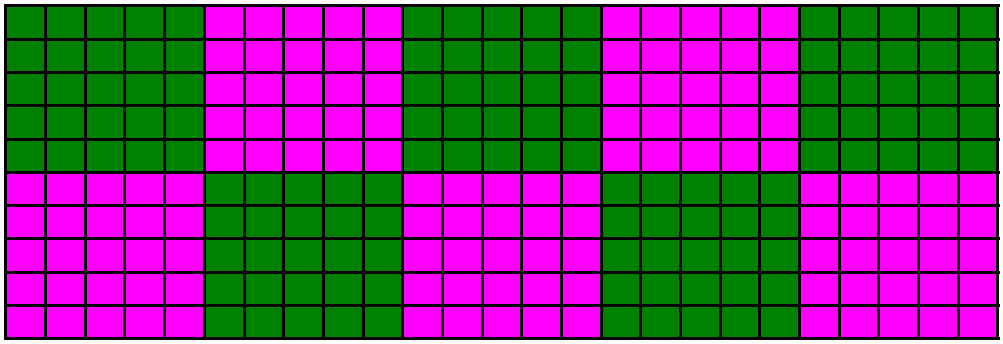
Knit the first row with your darker colour.
With the darker colour, knit the next row (row 2) by (P5, K5) two times and end P5

Change to your contrast colour and knit one row (row 3)
With the contrast colour, knit the next row (row 4) by (K5, P5) two times and end K5

The 40 row chart produces fabric that looks like pink and green stripes when viewed straight on



When viewed at an angle that same chart will reveal a pink and green checkerboard



It takes four rows of knitting to produce a single motif so it really should be knit at a tighter gauge to avoid distortion and to keep from having a chart that goes on forever

When working flat, the image is formed on the wrong side by knitting the stitches you want to protrude on the right side and purling the others.

When working in the round you purl the stitches you want to protrude and knit the others but you still need to work a plain knit row to change colours before working a pattern row.

Because the right side row (or colour change row) is always knit to change colours, I prefer to show my charts without those rows and often only show one pattern (or motif row) although it is easy to lose track of whether you should be knitting or purling when working from a chart shown that way.